

# THE TRADITION

Monthly Newsletter of the Ventura County Central Service Office Inc.



Serving: Agoura Hills, Thousand Oaks, Newbury Park, Simi Valley, Moorpark, Camarillo, El Rio, Oxnard, Port Hueneme, Ventura, Ojai, Santa Paula, Fillmore

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## Website

<https://aaventuracounty.org>

## TRUDGING

1 day...What have I done? The pit in my stomach is unbearable. I've ruined my life. I feel compelled to just drive right off the highway. 80 miles an hour into a tree. It's like something wants me to do it. I couldn't feel more lost. My anxiety is killing me. Yes, please help me. I'll do anything.

30 days...I've cried every day. This boulder of shame is crushing me. How am I going to make it?

6 months...I'm just doing the right thing now. Getting a lot of positive feedback. It feels good. I feel like a child, not strong, but I know it's not weakness. It's just the beginning.

9 months...Many are falling by the wayside, or off to bigger and better things. Good riddance. I don't care what my life becomes. As long as I'm sober.

1 year...I can't believe it. I feel so proud. It feels like solid ground.

Came...Came to...Came to believe.

- Anonymous

## Call for Contributions!

*The Tradition* would love your AA related:

- Stories, Writings
- Poems, Artwork
- Jokes, AA Quips
- History, Trivia
- News, Events

### Steps, Traditions & Concepts

#### ***Step 6***

Were entirely ready to have God remove all these defects of character.

#### ***Tradition 6 (short form)***

An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

#### ***Concept 6 (short form)***

The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Alright, I'll admit it. I wrote the above, lol. I wanted to come up with something to encourage others to contribute as well. I am happy to continue to gather things from various sources to provide content for our newsletter. It would also be great to show off some writings, poems, artwork, photography, etc from our local A.A. community. I know it's out there!! I'll gladly publish anything anonymously.

Let's share in our recovery!



**Your Editor,**

*Joshua P.*

## Districts, Area & AAWS Contacts

Ventura County Central Office serves the following Districts within Area 93

### District (9 & 12) Gold Coast

P.O. Box 132  
Camarillo, CA 93011

### Area 93

PMB #140  
606 Alamo Pintado #3, Solvang, CA 93463  
<https://area93.org>  
\*Sign up for the Area 93 newsletter

### District 13

P.O. Box 166  
Ventura, CA 93002  
<https://www.aad13.org>

### District 24

P.O. Box 843  
Simi Valley, CA 93065

### District 28

P.O. Box 3432  
Thousand Oaks, CA 91359

### Alcoholics Anonymous World Services(AAWS)

Member Services Line (212) 870-3023  
General Service Office (GSO) Address:  
P.O. Box 459, Grand Central Station  
New York, NY 10163

#### **Mail Donations to:**

P. O. Box 2407  
James A Farley Station  
New York, NY 10116  
<https://www.aa.org>

\*sign up for the G.S.O newsletter



**Let's stay  
connected**

If you have any A.A. related news, events or meeting updates that you would like to be included in *The Tradition*, please contact us at Central Office: 805-389-1444, [vcaaco@verizon.net](mailto:vcaaco@verizon.net)

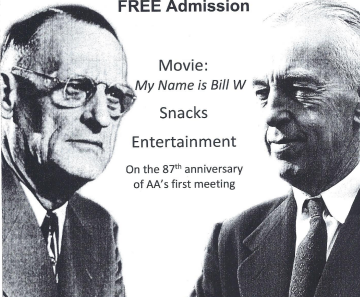
# News, Events & Service Opportunities

**FOUNDER'S DAY SOCIAL**  
JUNE 10TH

**SANTA PAULA PIG ROAST**  
JULY 15-17TH

**BINGO!**  
JULY 23RD

**Founder's Day Social**  
Friday, June 10  
6:30 - 9:30 pm  
FREE Admission



Movie:  
*My Name is Bill W*  
Snacks  
Entertainment  
On the 87th anniversary  
of AA's first meeting

Oxnard Performing Arts Center  
800 Hobson Way, Oxnard  
Questions? Doug (805) 829-2242 dcm@aad13.org  
Presented by Alcoholics Anonymous Districts 9, 12, 13 and Area 93 Archives

[RSVP for the Event](#)

**SANTA PAULA PIG ROAST CAMPOUT  
AT LAKE CASITAS**



**REGISTER ONLINE  
TODAY!**

**AA SPEAKERS,  
CAMPFIRE MEETINGS,  
POKER  
TOURNAMENT!**

**JULY 15-17 2022**  
REGISTER ONLINE AT  
**WWW.SANTAPAULAPIGROAST.COM**

**MEALS INCLUDED**  
SAT. BREAKFAST, LUNCH  
WHOLE HOG BAR-B-QUE DINNER  
SUN. COFFEE + SUNRISE  
MEETING AT 8:00 AM

**24 HOUR COFFEE!**  
DAY USE AVAILABLE

**SPEAKER MEETINGS**  
FRIDAY & SATURDAY  
AT 8:00 PM

**KIDS FUN ZONE**  
GAMES + ACTIVITIES, SCAVENGER  
HUNT, WATER FUN, KIDS HIKE  
AND MORE!!

[Visit the Event Webpage](#)

**VCAAC**  
**BINGO**

Come Support Your Long Awaited 42nd Annual  
Ventura County AA Convention

**Saturday, July 23rd 5:00 p.m. to 9:00 p.m.**

Camarillo Community Center  
165 E. Burnley St  
Camarillo, CA 93010  
**FREE ADMISSION - Must be over 18 to be admitted**

**Food and Social Hour starts at 5:00 p.m.**  
Plenty of good food, beverages and goodies available.

We are looking for CASH donations from AA members and AA groups  
for items to be raffled during the Bingo Fund-raiser.\*

Any support is appreciated!

\*VCAA is a non-profit organization and donations are tax deductible.  
We will provide receipts upon request.

For questions and to donate items please contact:  
Mary M. - 805-404-1486  
Jenn W. - 818-339-1636



**VC AA CONVENTION**  
SEPT 9-11TH

**42nd annual Ventura County  
AA Convention**

With Al-Anon Participation  
September 9, 10 and 11, 2022  
at the beautiful Westlake Hyatt  
880 S. Westlake Blvd.  
Westlake Village, CA 91361

**A VISION FOR YOU**  
2022

Come join us in Westlake Village for a fun filled weekend including:  
Meetings and Events for AA and Al-Anon. Meetings in both English and Spanish.  
Alcoholics, Al-Anons, Friends and Family! All are welcome!

Marathon Meetings, Fantastic Speaker Meetings,  
AA Banquet, Al-Anon Luncheon, Young Peoples Friday Night,  
and First-Class Saturday Night Entertainment!  
Visit our AA Archives Room and Al-Anon Country Store.  
There will be Raffles, Drawings, Prizes and Gift Baskets.  
We will be having Morning Meditation and Yoga.  
Memorabilia sale items with Apparel,  
Personalized Mugs, and  
Much, Much, More!

**A Vision for You**

ONLINE REGISTRATION IS NOW OPEN AT [VCAAC.ORG](http://VCAAC.ORG)

[Register Online](#)

**Online Registration is Now Open!!**

**Relax and don't miss a moment.**

**Plan a sweet STAYCATION with us at reduced group rates.**



## **NEW PODCAST - A.A. Grapevine Half-Hour Variety Hour**

Tune in to hear funny, poignant, and always inspiring “**meeting after the meeting**” conversation about getting sober and staying sober in Alcoholics Anonymous.

Free wherever you listen to podcast or at [www.aagrapevine.org/podcast](http://www.aagrapevine.org/podcast)

## **VC Central Office - Office Volunteer Shifts**

Prerequisite - One year of sobriety. Duties include, but not limited to: answering phone, literature sales, organizing, stocking shelves.

### **Open Office Shifts**

Wednesdays 2pm - 6pm

Thursdays 10am - 2pm

## **VC Central Office - Phone Coordinator Volunteer**

Central office is looking for a volunteer phone coordinator.  
Contact Matthew at Central Office for more information.



**It's for you!**



### **Open Phone Shifts**

Mondays 9pm-9am 4<sup>th</sup> and 5<sup>th</sup> weeks

Wednesdays 9pm-9am 5<sup>th</sup> weeks

Thursdays 9pm-9am 1<sup>st</sup> week

Fridays 9pm-9am 3<sup>rd</sup> and 5<sup>th</sup> weeks

Mon & Weds 6pm-9pm 5<sup>th</sup> week

Prerequisite - One year of sobriety and completion of the steps.

\*exceptions made on a case-by-case basis



**LIKE TO STAY UP LATE? CAN'T SLEEP?  
ARE YOU WILLING TO SHARE YOUR  
EXPERIENCE, STRENGTH AND HOPE?  
GREAT! THEN ...**

**THE 2022 VENTURA COUNTY AA  
CONVENTION (VCAAC) NEEDS YOU!**

Just a reminder – the VCAAC will be here sooner than you think and we look forward to seeing EVERYONE at the Westlake Hyatt

**FOR A WEEKEND OF FUN AND SOBRIETY!**

**Marathon meetings ARE OPEN TO ALL WHO ATTEND, WHETHER REGISTERED FOR THE CONVENTION OR NOT AND WILL run 24/7 from Friday 09/09/22 at 12 pm to Sunday 09/11/22 at 9 am. THEY ARE 50 MINUTES LONG WITH A 10 MINUTE BREAK IN BETWEEN EACH MEETING.**

**Many slots are filled, AND THE TOPICS HAVE BEEN SELECTED, but we still need panel leaders (and panels!) for the ones that are not, especially during the “wee hours” of the convention.**

**If you are willing to serve, please call Tim, the VCAAC 2022 marathon chair at 805-428-0752 or Cynthia, the VCAAC 2022 co-chair at 818-398-3043 and we will hook you up! THANK YOU!**

**Historic Documents on County Website**

**COMING SOON!** Ventura County A.A. Website will have a new section of historical documents. If you or anyone you know have documents or items pertaining to A.A. in Ventura County please submit them to Central Office.



# A.A. History



## Founder's Day

**June 10, 2022** - Alcoholics Anonymous celebrates **87** years!



On right, Ebby T. carried the message of recovery to Bill W.



Bill W. carried the message of recovery to Dr. Bob.



Bill W. & Dr. Bob carried the message of recovery to Bill D. Commonly referred to as, "The Man on the Bed".

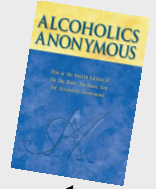
**In 2021 G.S.O. estimated A.A.'s worldwide membership to be close to 2 million.**

Read more about "The Start and Growth of A.A." [HERE](#)

## A.A. Quip of the Month

Don't let the life that A.A. gave you, take you away from A.A.  
S.L.I.P. - Sobriety Losing Its Priority

## A.A. Quote of the Month



“We, of Alcoholics Anonymous, are more than one hundred men and women who have recovered from a seemingly hopeless state of mind and body. To show other alcoholics *precisely how we have recovered* is the main purpose of this book.” (Alcoholics Anonymous, p. xiii)

## Good Joke of the Month

After the A.A. meeting, the ghost  
finally admitted it.

He has a boos problem.

## BAD JOKE OF THE MONTH

You might be an alcoholic if,

You have to hold onto the lawn to  
keep from falling off the Earth.



### Meetings, Meetings, Meetings!

Check for weekly updates on local meetings

<https://aaventuracounty.org/meetings>

## The Responsibility Statement

I am responsible. When anyone, anywhere, reaches out for help,  
I want the hand of Alcoholics Anonymous always to be there.

And for that; I *am Responsible*.

Oh Yes!  
IT'S  
**FREE**

Subscribe now to have The Tradition delivered to your email inbox!  
[vcaaco@verizon.net](mailto:vcaaco@verizon.net) to subscribe.