

THE TRADITION

Monthly Newsletter of the Ventura County Central Service Office Inc.



Serving: Agoura Hills, Thousand Oaks, Newbury Park, Simi Valley, Moorpark, Camarillo, El Rio, Oxnard, Port Hueneme, Ventura, Ojai, Santa Paula, Fillmore

Office Info

321 N. Aviator St., Ste 115
Camarillo, CA 93010
Open Mon - Fri
10am - 6pm

Contact Info

24/7 Telephone Lines
Main: (805) 389-1444
Toll-Free: (800) 990-7750
E-mail vcaaco@verizon.net

Website

<https://aaventuracounty.org>

A.A. Membership Survey?!

Did you know that A.A. conducts a membership survey? Why would A.A. do that? Is that a good thing or a bad thing? What about anonymity?

The survey is anonymous. It asks questions about how you found A.A. What influenced you to attend your first meeting. How long you have been sober. If you have a home group. What your ethnicity is. What your profession is. If you have a sponsor. It takes less than 5-minutes to complete.

A.A. USES THIS SURVEY TO

- tell A.A. members about their Fellowship;
- observe patterns in the A.A. membership;
- provide information about A.A. to the professional community;
- inform the public about what A.A. does.

12, 12 & 12

Step 11

Sought through prayer and meditation to improve our conscious contact with God *as we understood Him*, praying only for knowledge of His will for us and the power to carry that out.

Tradition 11(short form)

Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.

Concept 11(short form)

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants.

Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

The Tradition needs your AA related:

Stories, Writings, Poems

Artwork, Jokes, Quips

History, Trivia

News, Events

ABOUT A.A.

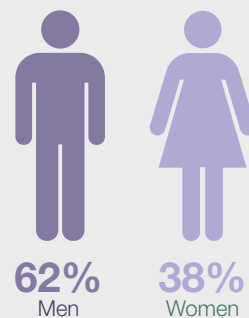
A.A. can be found almost everywhere, almost all the time – in more than 115,000 groups throughout the world. We welcome opportunities to cooperate with others who are providing help to alcoholics.

Look for A.A. in your phone book, newspaper or write to: Grand Central Station, Box 459, New York, NY 10163. General information is available on our Web site: www.aa.org

IN 2014 more than 6,000 A.A. members from the U.S. and Canada participated in a random survey of the membership. Such studies have been conducted every three to four years since 1968 by the General Service Office.

Alcoholics Anonymous conducts this survey to keep members informed on current trends in membership characteristics. The survey also provides information about A.A. to the professional community and to the general public as part of A.A.'s purpose to carry our message to those who still suffer from alcoholism.

GENDER OF MEMBERS



COMPOSITION OF MEMBERSHIP

White	89%
Hispanic	3%
Black	4%
Native American	1%
Asian	1%
Other	2%



See the whole 2014 pamphlet - [HERE](#)

Participate in the anonymous
2023 A.A. Membership Survey

[HERE](#)

*Survey Closes 11/26/23

Districts, Area & AAWS Contacts

Ventura County Central Office serves the following Districts within Area 93

Gold Coast District

District 9: Oxnard, Point Mugu & Port Hueneme

District 12: Camarillo, Fillmore, Moorpark
& Santa Paula

P.O. Box 132, Camarillo, CA 93011

District 24

Simi Valley

P.O. Box 843

Simi Valley, CA 93065

District 13

Meiners Oaks, Ojai & Ventura

P.O. Box 166, Ventura, CA 93003

<https://www.aad13.org>

District 28

Agoura, Westlake Village,
Thousand Oaks, & Newbury Park

P.O. Box 3432,

Thousand Oaks, CA 91359

Area 93

606 Alamo Pintado #3,
PMB #140

Solvang, CA 93463

<https://area93.org>

*Sign up for the
Area 93 newsletter

Alcoholics Anonymous World

Services - AAWS

Member Services Line (212) 870-3023

P.O. Box 459, Grand Central Station

New York, NY 10163

<https://www.aa.org>

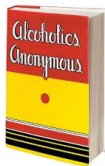
UPCOMING A.A. EVENTS!!

Let's stay
connected

If you have any A.A. related news, events or meeting updates, please contact Central Office: [805-389-1444](tel:805-389-1444), vcaaco@verizon.net

First Edition Big Book (75th Anniversary Reproduction)

Central Office will be receiving (November 20thish) a limited amount of 75th Anniversary reproduction and will be on sale for \$5. Call and reserve yours today.



Our Great Responsibility

Central Office will be receiving (November 20thish) a limited amount of **Our Great Responsibility** and will be on sale for \$5. Call and reserve yours today.

A selection of Bill W.'s General Service Conference talks from 1951 to 1970. Timeless and timely, these 16 talks give fresh perspectives on the A.A. Fellowship in our co-founder's own words. Chapters also cover the early history of Alcoholics Anonymous and include talks given by early "friends of A.A." With over 60 color and black-and-white images. General Service Conference-approved.



ENTERTAINMENT
Comedian Bob Perkell

GREAT AA & AL ANON SPEAKERS

Pre-Registration ▪ \$50
On-Site Registration ▪ \$60
Early Registration Ends November 15th

Banquet & Entertainment ▪ \$65
Sunday Breakfast ▪ \$35

FUN ACTIVITIES

Pickleball ▪ \$20 | Walk/Run ▪ \$20 | Poker Run \$20
FREE Yoga and Daily Meditation!

**WEEKEND BASKET RAFFLE WILL BE PULLED
SATURDAY 3PM IN BILL & BOBS**

Register & Book Your Room at lasvegasroundup.org



PRAASA 2024

Pacific Region A.A. Service Assembly

Save the Date!

March 1 - 3, 2024

San Francisco, California

All A.A.'s Welcome • With Al-Anon Participation
Spanish & ASL Interpretation Available

Event Page - [HERE](#)

Event Page - [HERE](#)

SERVICE OPPORTUNITIES!!

CENTRAL OFFICE NEEDS YOUR HELP

We are looking for volunteers to help clean the office.

Can your group, friends, sponsees... donate a little time?

- ✓ Vacuuming
- ✓ Mopping
- ✓ Windows and Mirrors
- ✓ Bathrooms...

The goal is to clean the office twice a month.

Groups/Individuals can signup for one or more 1-2 hour shifts on weekends or other times that would be convenient.

FOR MORE INFORMATION OR
TO SCHEDULE A SHIFT
CALL CENTRAL OFFICE
(805)389-1444



THROUGHOUT NOVEMBER PLEASE PASS THE BASKET A 2ND TIME BECAUSE

NOVEMBER IS GRATITUDE MONTH

For many decades now, we in the Fellowship, have formally carved out the month of November as a time to express our collective gratitude for our individual sobriety.

Central Office relies on Gratitude Month donations for a large portion of our annual operating expenses. Through your generous donations, we can continue to provide the much needed services to the alcoholics in our community.



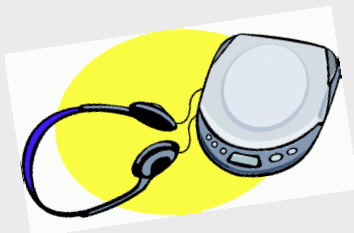
Getting the word out about Gratitude Month becomes increasingly difficult, with the addition of online and hybrid meetings, so please help spread the word at all of the meetings you attend.

Donations are accepted by PayPal (directly from the homepage of our website aaventuracounty.org), Venmo (@VCAACO), mail or just drop it off at Central Office. Please be sure to include your meeting information and Gratitude in the comments, memo or in the optional note field on PayPal.

Donation envelopes can be picked up at Central office, if needed.

Thank you very much, your donations are needed and greatly appreciated.
Ventura County Intergroup Board of Directors

321 N. Aviator St. #115, Camarillo, CA 93010 AAVENTURACOUNTY.ORG (805)389-1444



Speaker CD and Tape Project



Central office has been donated a large collection of speaker tapes (yes actual tapes!) and CDs. Looking for volunteers to listen to speakers and write a brief synopsis. Once completed we will look into digitizing.

If you're able to be of service, call Central office @ 805-389-1444



Add Your Name to the
VC Central Office 12-Step List!!

BE THERE FOR THE STILL SICK & SUFFERING ALCOHOLIC

Ventura County Central Office is creating a new list of names to contact when someone who is having a problem with alcohol calls. Be there to talk on the phone, go to a meeting, connect at a coffee shop, & share your experience strength and hope.

This is a vital part of our recovery program.

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics.” (A.A. p. 89)

FOR MORE INFORMATION

Contact Matthew @ (805) 389-1444 or vcaaco@verizon.net

WE STILL NEED VOLUNTEERS!!

Volunteers Needed for the Phone Line

It's for you!

Volunteer for a once a month shift to answer the Ventura County Alcoholics Anonymous Phone Line. Calls are forwarded to your cell phone. Answer the phone from home, in-town, out-of-town, anywhere!

To Volunteer, Call the Office at 805-389-1444



HERE COME THE HOLIDAYS!!



ALL ARE WELCOME TO JOIN US

ANNUAL AA THANKSGIVING MARATHON MEETINGS & POTLUCK

AT

VISIONS

2667 NORTH MOORPARK ROAD # 105,
THOUSAND OAKS, CA 91360
Moorpark Road and Avenida De Los Arboles

MEETINGS START

Wednesday November 22nd at 6:00pm
Last Meeting Starts at 9:30pm Thursday November 23rd
Meetings run 1 hour in length with ½ hour break in between

(Please note that the potluck dinner will affect meeting times)

POTLUCK DINNER

SERVED THANKSGIVING DAY FROM 4:00-5:00PM




THANKSGIVING
at
THE BUCK

MARATHON MEETINGS AND POTLUCK

MARATHON MEETINGS START AT NOON
WEDNESDAY NOVEMBER 22nd
LAST MEETING STARTS 11 pm NOVEMBER 23rd

POTLUCK DINNER 2 PM THANKSGIVING

BRING AN APPETIZER,
SIDE DISH OR DESSERT

QUESTIONS??? CALL AZUSA
(805)320-1234

ALL ARE WELCOME TO JOIN US

ANNUAL AA HOLIDAY MARATHON MEETINGS

AT

VISIONS MEETING HALL

2667 NORTH MOORPARK ROAD # 105,
THOUSAND OAKS, CA 91360
Moorpark Road and Avenida De Los Arboles

MEETINGS START

6:00 p.m. CHRISTMAS EVE DECEMBER 24th
Last Meeting Starts at 9:00p.m. December 25th

6:00 p.m. NEW YEARS EVE DECEMBER 31st
Last Meeting Starts at 9:00pm January 1



CHRISTMAS
MARATHON MEETINGS
AND POTLUCK
AT THE BUCK

MARATHON MEETINGS START 12/24 AT NOON
LAST MEETING STARTS 11:00 PM CHRISTMAS DAY

POTLUCK DINNER 2:00 CHRISTMAS DAY

BRING AN APPETIZER,
SIDE DISH OR DESSERT

FOR QUESTIONS CALL AZUSA (805)320-1234

321 N. AVIADOR ST. #111, CAMARILLO

Ventura County Central Office

October - 7th Tradition Donations

If you don't see your meetings donations for October listed, please have your treasure contact Central Office.

Donations that are received without meeting information are in the placed in the Unassigned category.

Name	Amount
agoura morning Zoom	500.00
AH01 Hope Through Sharing Gp_1	404.00
AH13 Monday Night Women's Gro_1	12.00
AH27 Last Chance Men's Stag_1	115.00
AH29 Friday Eleventh Step_1	248.00
CM04 Women's Disc Grp	165.38
CM06 Beginner's Mtg	100.00
CM17 Back to Basics_1	384.65
CM18 Noon Disc Grp_1	150.00
GalsInGratitude, SimiValley	124.50
Hueneme Bay Friends of Linc H.	50.00
Monday Noon Book Study	113.52
NP11 Saturday Women's Promise_1	75.23
NP19 The Fellowship We Crave	125.93
OJ05 Sunrise Meditation Grp_1	178.25
OJ16 Speaker Mtg_1	230.00
OX120 Thurs Noon at the Parek	150.00
OX121 Tuesday Noon at the Par_1	50.00
OX42 Sunset at the Harbor_1	47.00
OX65 Women's Mtg_1	288.75
Saturday Noon M	75.00
SV11 The Bananas Bunch_1	200.00
SV17 Women's Stag Grp_1	16.50
SV60 Just The Big Book, SV60 Ju	15.00
TO15 Step Sisters_1	160.38
TO21 Women Who Care_1	45.00
Unassigned	920.02
VE25 Keep It Simple Grp_1	200.00
VE64 Corner Group_1	64.35
Women's Meditaio	172.00
WV03 Fellowship Grp Spk_1	1,463.00
WV20 Big Book Study_1	75.10
zooming promises	57.20
	6,975.76

CALL FOR CONTRIBUTIONS!!

Ventura County Intergroup's monthly newsletter is asking for your contribution.

Yes, you! We would love to publish your writings about:

- ◆ Your Story: Experience, Strength, & Hope in Recovery.
- ◆ One of the 12-Steps, 12-Traditions, or 12-Concepts.
- ◆ How your sponsor or sponsee contributes to your recovery.
- ◆ What it was like attending your first A.A. meeting.
- ◆ Your experience at an A.A. event: Round-up, Convention, NYE Dance, etc.
- ◆ A service commitment, your home group, first sober holiday, favorite line in the Big Book, and any other recovery related writing.

Suggestion for Main Article length: 400 - 600 words; *can be longer

Suggestion for Smaller Articles: 200 - 300 words

The Tradition is sent out via email to a list of subscribers, mainly people in A.A. in Ventura County, and published on the website, <https://aaventuracounty.org/>

****We also love jokes, quips, poems, artwork, trivia, event info, meeting updates, and A.A. history!!**

Send in Your Contributions Now!

Email: vcaaco@verizon.net Phone: 805-389-1444

A.A. Quip of the Month

Don't quit before the miracle happens!

A.A. Quote of the Month

"The age of miracles is still with us. Our own recovery proves that!"

(A.A. p. 153)

Good Joke of the Month

An alcoholic walks into a bar and sees a sign,
'All you can drink for \$1.00.'

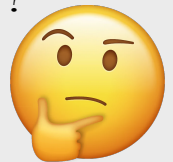
The alcoholic says, "I'll have \$2.00 worth, please."



BAD JOKE OF THE MONTH

What's the difference between God and an A.A. member??

God never thinks He's an A.A. member.



Meetings, Meetings, Meetings!

Check for weekly updates on local meetings - [HERE](#)

The Responsibility Statement

I am responsible. When anyone, anywhere, reaches out for help, I want the hand of Alcoholics Anonymous always to be there. And for that; *I am Responsible.*

Oh Yes! IT'S
FREE

Subscribe now to have **The Tradition** delivered to your email inbox! vcaaco@verizon.net to subscribe.